| Categories for Reflection | Questions to Consider | Reflections |
| --- | --- | --- |
| Personal Academic Performance | | |
|  | * What did you learn (today, this week, this year, etc.)? * Why do you believe we’re studying this objective? * Did you give your best effort on this most recent assignment? * Were the strategies, skills and procedures you used effective for this assignment? * Did this activity help you learn more than others we’ve done? Why? * Did you come to class today prepared to learn (in both your attitude and with all your supplies)? * What are some things you did really well on this assignment? * If you could do this assignment over, what would you do differently? * What resources do you have that can help you learn new material? * What class activities or assignments help you learn the most? * What do you believe the teacher could have done differently to help you learn this objective easier? * What’s one thing the teacher did for this objective that you really liked? * How can you prove to the teacher you know the objective? * What are we learning and is it important? * Did you do an effective job of communicating my learning to others? |  |

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| Questions to ask at the end of class | | |
|  | * Reflect on your thinking, learning, and work today. What were you most proud of? * Where did you encounter struggle today, and what did you do to deal with it? * What about your thinking, learning, or work today brought you the most satisfaction? Why? * What is frustrating you? How do you plan to deal with that frustration? * What lessons were learned from failure today? * Where did you meet success, and who might benefit most from what you’ve learned along the way? How can you share this with them? * What are your next steps? Which of those steps will come easiest? Where will the terrain become rocky? What can you do now to navigate the road ahead with the most success? * What made you curious today? * How did I help you today? How did I hinder you? What can I do tomorrow to help you more? * How did you help the class today? How did you hinder the class today? What can you do tomorrow to help other learners more? |  |

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| ****Metacognition Questions To Help Students Think About What They Think**** | | |
| 1. ****Reflection & Collaboration**** | * What do you think about what was said? * How would you agree or disagree with this? * Are there any other similar answers you can think of with alternative routes? * Does anyone in this class want to add something to the solution? * How might you convince us that your way is the best way? |  |
| 1. ****Self-Reflection**** | * How did you determine this to be true? * Why didn’t you consider a different route to the problem? * Why does that answer make sense to you? * Is there any way to show exactly what you mean by that? |  |
| 1. ****Reasoning**** | * Why do you think this works? Does it always? why? * How do you think this is true? * Show how you might prove that? * Why assume this? * How might you argue against this? |  |
| 1. ****Analysis**** | * How might you show the differences and similarities? * What patterns might lead you to an alternative answer? * How many possibilities can you think of and why? * Predict any number of results? |  |

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| ****Metacognition Questions To Help Students Think About What They Think**** | | |
| 1. ****Connections**** | * How does this relate daily occurrences? * Which ideas make the most sense and why? * Which problems feel familiar? Why? * How does this relate to current events? * What kinds of examples make this problem workable? * What other problems fit this style or example? |  |
| 1. ****Literary Questions**** | * How did any of the characters or events remind you of yourself? Why? * How did the character’s actions affect you? Explain. * If you were this character, how would the story change? * What surprised or confused you about the characters or events? Explain. * Why do you think the author wrote from this character’s view? * What do you think the author is trying to accomplish? * How is the author thinking about the world? * Why do you think this story could actually happen, or not? * How can this story teach us something about our lives? * How do you think the characters resolved the major conflict in the story |  |

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| ****Metacognition Questions To Help Students Think About What They Think**** | | |
| 1. ****Science and Social Questions**** | * What’s the purpose for this experiment or argument? * Would you elaborate on the purpose of this? * What issues or problems do you see here? * What evidence or data are given that help make this worthwhile? * What are some of the complexities we should consider? * What concepts help organize this data, these experiences? * How can you justify this information? * How can we verify or test that data? * What details can you add to make this information feel more complete? * Which set of data or information is most relevant or important? * How is all of this consistent or inconsistent? * How am I seeing or viewing this information? Objectively or subjectively? Should I then change my view? |  |