## **Instructional Unit Title: Communication Builds Relationships**

## 1<sup>st</sup> Grade Integrated Comprehensive Health and RWC

The teacher may introduce the five feelings (happy, sad, mad, proud, and excited) so students can identify what makes them feel each emotion and what other people do to bring on that emotion.



The teacher may review the five emotion posters with the class so students can make connections with emotions they have experienced.



The teacher may introduce the difference between appropriate and inappropriate emotional responses (e.g. going to get help vs. punching your neighbor, using problem solving words to express frustration vs. yelling and pushing, etc.) so students can recognize appropriate emotional responses.



The teacher may read a traditional story (e.g. fairy tales, tall tale, fables, etc.) and emphasize the theme (e.g. good/evil, hero/villain, so students can identify how characters' decisions are influenced by their relationships (e.g. good/evil, hero/villain).



The teacher may review the five emotions utilizing the posters (LE #1) so students can determine patterns within the emotion posters. (e.g., Happy poster shows pattern of using kind words or actions, sad poster shows patterns of mean words or behavior).



Teacher will show a video that depicts what a character says and does so students can identify how that can influence relationships.



Teacher may introduce verbal and non-verbal communication skills through a fiction and/or non-fiction story and/or video so students can establish how to express their beliefs verbally or non-verbally.



Students will work with a partner to illustrate two to three pages of a class Emotion book. They will be given a story with text only and their task is to create illustrations of emotions to align with character's emotions in the text, providing evidence from the story to support their reasoning. Students will share with the class their part of the story explaining illustrated emotions.

This unit was authored by a team of Colorado educators. The unit is intended to support teachers, schools, and districts as they make their own local decisions around the best instructional plans and practices for all students. To see the entire instructional unit sample with possible learning experiences, resources, differentiation, and assessments visit http://www.cde.state.co.us/standardsandinstruction/instructionalunitsamples.