

The teacher may explore various examples of influence so students can begin to synthesize and analyze who or what plays an influential role in their lives. (positive and/or negative)



The teacher may provide examples of risky behaviors vs. healthy habits (e.g. tobacco, alcohol and/or drug use vs. exercise, positive communication) so students can explore strategies to resist risky behaviors they may face in their own life.



The teacher may identify the effects of tobacco use so students can analyze the short and long term effects on how this substance may impact the body and brain.



The teacher may differentiate between substance use, misuse, and abuse so students can explore the characteristics of addiction and describe the impact on their health and personal relationships.



The teacher may show a video that discusses the effects of marijuana abuse so students can become aware of the short and long term consequences on the body and brain.



The teacher may show the video “The Truth About Drugs and Alcohol” that illustrates the effects of alcohol & drug use/abuse so students can recognize the short and long term effects on how this substance may impact the body and brain.



The teacher may introduce what the community and state laws are surrounding tobacco, alcohol and marijuana use so that students can develop an understanding and the impacts of violating these laws.



The teacher may facilitate discussion circles around alcohol, tobacco, and marijuana so students can review key findings and identify one substance to further research for their performance assessment.



**Performance Assessment:** As a student media reporter your current assignment is to work with a partner to create an informational piece around tobacco, alcohol, marijuana or prescription drugs for middle school students. The research will include the possible short and long term effects of substance use/abuse to include the physical, emotional, social and economic impacts.

# Alcohol, Tobacco and Other Drugs are Not for Me