## Fresh Fruit and Vegetable Program



Allowable and Unallowable Items in the FFVP	
ALLOWABLE ITEMS*	UNALLOWABLE ITEMS
<ul> <li>Administrative Costs (wages &amp; salaries for staff labor spent on financial reporting, writing menus, coordinating nutrition education activities)</li> <li>Allowable equipment** (refrigerators, coolers, kiosks, carts)</li> <li>BOCES fee</li> <li>Condiments can only be served with <i>vegetables</i>.</li> <li>Cooked fresh vegetables must be limited to service once a week and must always include nutrition education.</li> <li>Delivery fees</li> <li>Fresh Cactus</li> <li>Fresh Figs</li> <li>Low-fat***, yogurt-based dip****, or nonfat dips for <i>vegetables only</i></li> <li>Non-food items such as serving bowls, napkins, trays, trash bags, gloves.</li> <li>Operational Costs (fresh produce, wages &amp; salaries for physical staff labor)</li> <li>Raw garlic or whole bulb garlic</li> <li>Transportation or fuel costs</li> <li>Whole or pre-sliced fresh fruits and vegetables.</li> </ul>	<ul> <li>Beans</li> <li>Candies or marshmallow</li> <li>Carbonated fruit</li> <li>Coconut in any form</li> <li>Decorative items or décor</li> <li>Dips for fruit or cottage cheese</li> <li>Edamame</li> <li>Edible flowers</li> <li>Fruit or vegetable pizza</li> <li>Fruit that has been injected with flavorings.</li> <li>Fruit baskets</li> <li>Fruit or vegetable juice</li> <li>Fruit or vegetable juice</li> <li>Fruit mixes or salads preserved in water or juices.</li> <li>Fruit leather or jellied fruit</li> <li>Fruit seeds or vegetable seeds</li> <li>Ginger root</li> <li>Grapples</li> <li>Herbs (Mint, Thai Basil, Cilantro, etc.)</li> <li>Nut butters or nuts</li> <li>Nutrition education materials</li> <li>Peanut Butter</li> <li>Pickles</li> <li>Popcorn</li> <li>Processed or preserved fruits and vegetables (i.e., canned, frozen, vacuum-packed, or dried).</li> <li>Sending fruits/vegetables home</li> <li>Serving FFVP outside of school hours</li> <li>Smoothies</li> <li>Trail mixes</li> <li>Yogurt</li> </ul>

\*Allowable items are whole or sliced fresh fruits and vegetables that are prepared in a way that makes them easily recognizable. \*\*Equipment purchases exceeding \$250.00 must receive CDE approval prior to purchase. The cost of equipment must be prorated if used in other child nutrition programs. Use the <u>FFVP Equipment Justification Form</u>

\*\*\*Low fat means items that are less than 3g fat per serving. \*\*\*\*Dips are only allowable for vegetables and must not exceed a serving size of 1 to 2 tablespoons.



COLORADO Department of Education School Nutrition