

## Evidence-Based Bullying Prevention Programs

### Bullying Prevention - PBIS (BP-PBIS)

**Description:** The BP-PBIS program is an evidence-based bullying prevention program that is designed to be implemented as part of a school's universal behavior management system. There are two versions of the program. One program is designed for students in [elementary school](#) and the other is designed for students in [middle and high school](#).

**Cost:** The BP-PBIS is offered free of charge; however, training is recommended to ensure the best results for reducing bullying behaviors.

1. Training
  - a. Webinar Training
    - i. A webinar is provided free of charge on the Colorado Department of Education website to provide BP-PBIS schools training on the theoretical underpinnings of BP-PBIS, basic components of the program, and practical implementation ideas.

#### **Timeline:**

1. Grantee indicates BP-PBIS is the selected program to reduce bullying frequency for their school(s) when completing the RFP.
2. Grantee indicates the survey option they will use to assess success of reducing bullying behaviors when completing the RFP.
3. Grant is funded.
4. Grantee develops Bullying Prevention Committee (BPC) responsible for successful implementation of the grant.
5. Grantee develops student leadership team (students may have their own group or be part of the BPC).
6. BPC receives training on the BP-PBIS program.
  - a. This training is on a pre-set date and conducted by experts from the prevention program.
  - b. This training should be budgeted in the school(s) RFP.
7. Grantee administers selected survey to students.
  - a. Grantee should have a minimum of 60% of students complete the survey.
8. Grantee provides end-of-year report to the Department including budget for following year.
9. The Department determines additional funding for the following school year for grantee.
  - a. If additional funds are granted, grantee creates necessary materials to implement BP-PBIS and develops whole staff training on BP-PBIS.
10. Prior to students returning the following school year, BPC trains entire school staff on the BP-PBIS.
11. BPC holds regular meetings to troubleshoot implementation challenges, follow up with BP-PBIS trainers, and support school staff.
12. In spring, grantee administers second round of selected survey to students.
13. Grantee provides end-of-year report to the Department including budget for the following year (if desired) and the difference in bullying frequency from baseline survey to follow-up survey.

**Comment [AC1]:** Should we break this into two different programs? The BP-PBIS and Expect Respect?

**Comment [AC2]:** Thoughts on us developing this? Other training ideas?

## **Bully-Proofing Your School (BPYS)**

**Description:** The BPYS program is described as giving schools “the ability to mobilize the ‘caring majority’—the 85 percent of students who are neither bullies nor victims—by developing and reinforcing their strong identities.” The program has materials differentiated for elementary, middle, and high schools.

**Cost:** A complete breakdown of costs is available from the [BPYS publisher's website](#).

1. Elementary School Publisher Recommendations
  - a. It is recommended that **each school** should have the materials found in the *Bully-Proofing Elementary School Set* and **each teacher** have a copy of *Bully-Proofing Teacher's Manual and Lesson Plans* with a *Bully-Proofing Elementary School Poster Set*.
  - b. *Bully-Proofing Elementary School Set, Third Edition*
    - i. \$567.95 and provides materials for 10 teachers.
  - c. *Bully-Proofing Elementary Supplemental Set, Third Edition*
    - i. \$251.95 and provides additional materials for 5 teachers
  - d. *Bully-Proofing Teacher's Manual and Lesson Plans*
    - i. \$44.95
  - e. *Bully-Proofing Elementary School Poster Set (7 Posters)*
    - i. \$28.95
2. Middle School Publisher Recommendations
  - a. It is recommended that **each teacher** have a copy of the *Bully-Proofing Your Middle School* book in addition to a *Bully-Proofing Your Middle School Poster Set*.
  - b. *Bully-Proofing Your Middle School and Poster Sets (20 Posters)*
    - i. \$338.95
  - c. *Bully-Proofing Your Middle School* book
    - i. \$61.95
  - d. *Bully-Proofing Your Middle School Poster Set (5 posters)*
    - i. \$22.95
3. High School Publisher Recommendations
  - a. It is recommended that high schools should have one copy of the following **per administrator**: *Bully-Proofing for High Schools Program Implementation Guide* and *Bully-Proofing for High Schools Strategies and Interventions*. Additionally, one copy of the following is recommended **per school**: *Bully-Proofing for High Schools Student Curriculum* and *Bully-Proofing for High Schools CD-ROM*.
  - b. *Bully-Proofing for High Schools Program Implementation Guide*
    - i. \$38.95
  - c. *Bully-Proofing for High Schools Strategies and Interventions*
    - i. \$39.95
  - d. *Bully-Proofing for High Schools Student Curriculum*
    - i. \$57.95
  - e. *Bully-Proofing for High Schools CD-ROM*
    - i. \$39.95
4. Training
  - a. On-site Training

- i. Around \$2,500 for full day training
- ii. Around \$1,500 for half-day training
- iii. Prices vary depending on size of audience

**Timeline:**

1. Grantee indicates BPYS is the selected program to reduce bullying frequency for their school(s) when completing the RFP.
2. Grantee indicates the survey option they will use to assess success of reducing bullying behaviors when completing the RFP.
3. Grant is funded.
4. Grantee develops Bullying Prevention Committee (BPC) responsible for successful implementation of the grant.
5. Grantee develops student leadership team (students may have their own group or be part of the BPC).
6. BPC receives training on the BPYS program.
  - a. This training is on a pre-set date and conducted by experts from the prevention program.
  - b. This training should be budgeted in the school(s) RFP.
7. Grantee administers selected survey to students
  - a. Grantee should have a minimum of 60% of students complete the survey.
8. Grantee provides end-of-year report to the Department including budget for following year.
9. The Department determines additional funding for the following school year for grantee.
  - a. If additional funds are granted, grantee purchases BPYS materials and develops whole staff training on BPYS.
10. Prior to students returning the following school year, BPC trains entire school staff on the BPYS.
11. BPC holds regular meetings to troubleshoot implementation challenges, follow up with BPYS trainers, and support school staff.
12. In spring, grantee administers second round of selected survey to students.
13. Grantee provides end-of-year report to the Department including budget for the following year (if desired) and the difference in bullying frequency from baseline survey to follow-up survey.

## **Positive Action (PA)**

**Description:** The PA program is described as featuring, “scripted lessons that are easy to prepare and teach. All of the materials called for in each lesson are included in a Kit. These materials include posters, games, worksheets and puzzles.”

**Cost:** A complete breakdown of costs is available from the [PA publisher's website](#).

1. Recommendations
  - a. It is recommended that each teacher has a PA Bullying Prevention Kit which has materials for 30 students. Each year following the first year of implementation, there is a *Bullying Prevention Kit Refresher* which provides the consumables of the program for another 30 students.
  - b. *Bullying Prevention Kit*
    - i. \$250
  - c. *Bullying Prevention Kit Refresher*
    - i. \$75
2. Training
  - a. Online Training
    - i. \$550 for the first 2 hours; \$150 for each additional hour
    - ii. Effective for up to 30 participants
  - b. On-site Orientation
    - i. \$3,000 per day plus traveling expenses
    - ii. Effective for up to 50 participants

## **Timeline:**

1. Grantee indicates PA is the selected program to reduce bullying frequency for their school(s) when completing the RFP.
2. Grantee indicates the survey option they will use to assess success of reducing bullying behaviors when completing the RFP.
3. Grant is funded.
4. Grantee develops Bullying Prevention Committee (BPC) responsible for successful implementation of the grant.
5. Grantee develops student leadership team (students may have their own group or be part of the BPC).
6. BPC receives training on the PA program.
  - a. This training is on a pre-set date and conducted by experts from the prevention program.
  - b. This training should be budgeted in the school(s) RFP.
7. Grantee administers selected survey to students
  - a. Grantee should have a minimum of 60% of students complete the survey.
8. Grantee provides end-of-year report to the Department including budget for following year.
9. The Department determines additional funding for the following school year for grantee.
  - a. If additional funds are granted, grantee purchases PA materials and develops whole staff training on PA.
10. Prior to students returning the following school year, BPC trains entire school staff on the PA.

11. BPC holds regular meetings to troubleshoot implementation challenges, follow up with PA trainers, and support school staff.
12. In spring, grantee administers second round of selected survey to students.
13. Grantee provides end-of-year report to the Department including budget for the following year (if desired) and the difference in bullying frequency from baseline survey to follow-up survey.

## **Second Step Bullying Prevention Unit (SS-BPU)**

**Description:** The SS-BPU program is a supplemental program to the Second Step Social-Emotional Learning (SS-SEL) program. These programs are research-based and the bullying prevention program is developmentally appropriate for Kindergarten through 5th grade students. The program includes video stories co-written by children's book author Trudy Ludwig and materials for families to reinforce the lessons taught in the classroom. For more information, please visit the [Second Step website](#) and the [BPU webpage](#).

**Cost:** For complete pricing details, a [Product and Price List](#) (PDF) is available for download.

1. Recommendations:
  - a. It is recommended that each school obtains a *Second Step – Social-Emotional Learning kit* in addition to the *Bullying Prevention Unit kit* for each grade level in their school. The two programs can be bundled together for greater savings. If additional classroom kits for each grade level are not purchased, materials would need to be shared between teachers.
  - b. *Grades K-5 Second Step SEL Program + BPU Suite*
    - i. \$2,999
  - c. *Second Step SEL – Additional classroom kits*
    - i. Prices range between \$359 and \$409
  - d. *Second Step BPU – Additional classroom kits*
    - i. \$179
2. Training
  - a. Training is included in the purchase price of the *K-5 Second Step SEL Program + BPU Suite*
  - b. Training is online and includes individual log-ins for teachers so they can complete the trainings at their own pace.

### **Timeline:**

1. Grantee indicates SS-BPU is the selected program to reduce bullying frequency for their school(s) when completing the RFP.
2. Grantee indicates the survey option they will use to assess success of reducing bullying behaviors when completing the RFP.
3. Grant is funded.
4. Grantee develops Bullying Prevention Committee (BPC) responsible for successful implementation of the grant.
5. Grantee develops student leadership team (students may have their own group or be part of the BPC).
6. BPC receives training on only the SS-BPU program.
  - a. This training is completed online prior to a whole-staff training.
7. Grantee administers selected survey to students.
  - a. Grantee should have a minimum of 60% of students complete the survey.
8. Grantee provides end-of-year report to the Department including budget for following year.
9. The Department determines additional funding for the following school year for grantee.
  - a. If additional funds are granted, grantee purchases SS-SEL and SS-BPU materials and initiates whole-staff training on only the SS-BPU.

10. Prior to students returning the following school year, all staff complete online training for just the SS-BPU.
11. Recommended implementation of the SS-SEL and SS-BPU programs begins.
  - a. Teachers administer the first lesson of the SS-SEL program.
  - b. Teachers administer the entire SS-BPU program.
  - c. Teachers administer the remaining SS-SEL program lessons.
12. BPC holds regular meetings to troubleshoot implementation challenges and support school staff.
13. In spring, grantee administers second round of selected survey to students.
14. Grantee provides end-of-year report to the Department including budget for the following year (if desired) and the difference in bullying frequency from the baseline survey to follow-up survey.