

Substance Use Committee

Recommended Practices for Interventions



COLORADO
Department of Education

Meeting 1
October 19, 2023

Overview

Purpose: The committee shall **develop a practice, or identify or modify an existing practice,** for **secondary schools to implement that identifies students' substance use, offers brief intervention with information regarding substance use and consequential health risks, and refers the students to substance use treatment resources.**

Product: The committee shall **submit a report to the department that details the recommended practice.**



Agenda

Topic	Discussion Items	Time
Welcome	<ul style="list-style-type: none">• Introductions• Warm Welcome• Meeting Overview and Agenda	4:00-4:30
Committee Overview	<ul style="list-style-type: none">• Review HB23-1009 Legislation and Requirements• Discuss Purpose and Outcomes	4:30-4:45
Committee Action Items	<ul style="list-style-type: none">• Small Group Activity• Large Group Discussion:	4:45-5:15
Closure	<ul style="list-style-type: none">• Outline Next Steps• Jamboard Feedback• Next Meeting: November 1 from 4-5:30pm	5:15-5:30



Introductions

- Name
- Pronouns (if comfortable)
- Short Background on *You!*



Group Agreements

- **Be present. Turn video on, if able. This creates a more connected environment.**
- **Actively participate!**
- **Seek clarification when needed.**
- **Listen with the same passion with which we want to be heard.**
- **Respect others (time, opinions, perspectives).**
- **Create a space of grace (we are learning and growing together).**
- **Be aware of equity of voice in the space (i.e. we speak once, listen three times).**



HB23-1009

- Colorado schools' substance use intervention programs lack uniformity, resulting in inequitable interventions and treatment referrals for Youth
- A screening, brief intervention, and referral to treatment methodology has been adopted by schools with school-based health centers, and this methodology has revolutionized substance use treatment for youth

An Act

HOUSE BILL 23-1009

BY REPRESENTATIVE(S) Lindsay, Amabile, Bacon, Bird, Boeseucker, Brown, deGruy Kennedy, Dickson, English, Epps, Garcia, Gonzales-Gutierrez, Hamrick, Herod, Jodeh, Liedler, Lukens, McCormick, McLachlan, Michaelson Jenet, Ricks, Sharbini, Snyder, Titone, Willford, Young, McCluskie, Kipp, Mabrey, Valdez;
also SENATOR(S) Moreno, Buckner, Coleman, Cutter, Exum, Fields, Ginal, Gonzales, Hinrichsen, Jaquez Lewis, Kolker, Marchman, Priola, Winter F., Zenzinger, Fenberg.

CONCERNING MEASURES TO IMPROVE SERVICES FOR STUDENTS WHO USE SUBSTANCES, AND, IN CONNECTION THEREWITH, MAKING AN APPROPRIATION.

Be it enacted by the General Assembly of the State of Colorado:

SECTION 1. Legislative declaration. (1) The general assembly finds and declares that:

- (a) Substance use is a major issue afflicting Colorado youth;
- (b) Colorado has higher levels of substance use, particularly among youth, than most other states;

Capital letters or bold & italic numbers indicate new material added to existing law; dashes through words or numbers indicate deletions from existing law and such material is not part of the act.



HB23-1009

- The screening, brief intervention, and referral to treatment methodology, if modified appropriately, may be implemented in secondary schools without school-based health centers in order to provide more support to youth who use substances
- Access to the crisis response system is critical for youth suffering from behavioral health and substance use crises

An Act

HOUSE BILL 23-1009

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HB23-1009

- Adequate funding for the crisis response system is necessary to ensure that youth suffering from behavioral health and substance use crises may seek and receive timely support in order to prevent avoidable outcomes

An Act

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HB23-1009 Webpage

- Required by law
- Includes agendas, meeting notes and recording, participant names
- Meeting Dates:
 - ◆ October 19
 - ◆ November 1
 - ◆ November 16
 - ◆ November 29
 - ◆ December 11



The screenshot shows the Colorado Department of Education website. At the top left is the logo for the Colorado Department of Education (CDE), featuring a stylized 'C' with a tree and a star. To the right of the logo is the text 'COLORADO Department of Education'. In the top right corner, there are links for 'LICENSING | ABOUT CDE | STATE BOARD | O'. Below the header is a navigation bar with four tabs: 'FAMILIES' (green), 'EDUCATORS' (orange), 'DISTRICTS' (red), and 'COMMUNITIES' (purple). Below the navigation bar is a search bar with the text 'Home'. The main content area is titled 'Secondary School Student Substance Use Committee'. Below the title is a large image of five students walking on a sidewalk. To the right of the image is a text box that reads: 'This page is intended to provide information and updates on the secondary school student substance use committee. Please use the buttons below to navigate this page.' Below the text box are three buttons: 'Secondary School Student Substance Use Committee' (green), 'Committee Meetings' (blue), and 'Committee Members' (red). Below the buttons is the heading 'HB23-1009' and a paragraph of text: 'The act creates the secondary school student substance use committee (committee) in the Department of Education (department) to develop a practice, or identify or modify an existing practice, for secondary schools to implement that identifies students who need substance use treatment, offers a brief intervention, and refers the students to substance use treatment resources.' Below the paragraph is another paragraph: 'The department is required to publicly publish a report of the committee's findings and submit the report to the superintendent of every school district and chief administrator of every institute charter school that is a secondary school.'



Districts and Schools in Colorado

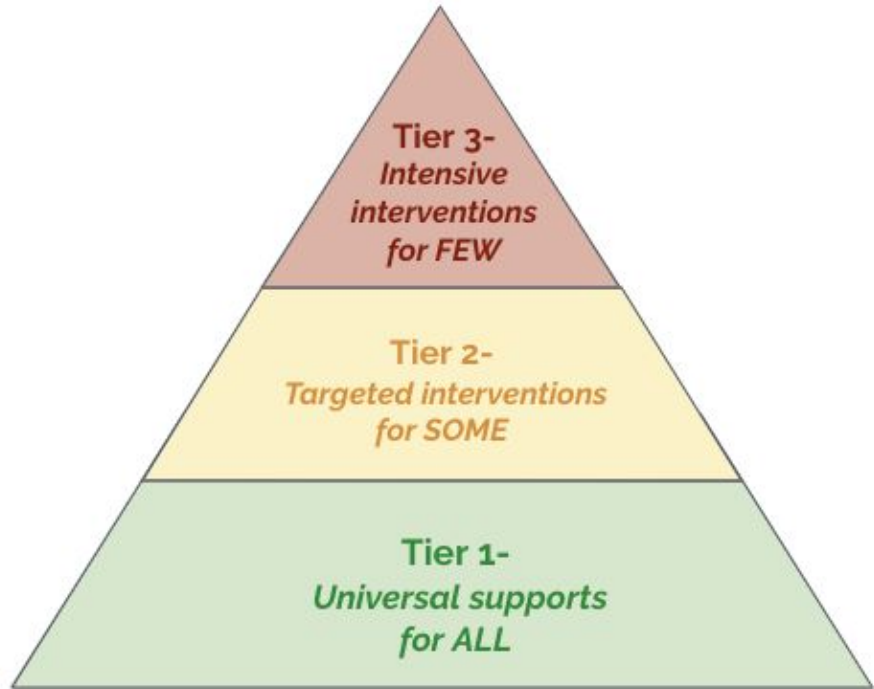
- **Local Control**
 - Leads to differences in practices and programs
- **District Boards of Education Pass Policy**
 - Often based on federal or state legislation and refers to statute
 - District policy may also have regulations, exhibits or guidelines to describe implementation



Multi-Tiered Systems of Support (MTSS) Framework

- ✓ The MTSS framework includes school-based programs, interventions or services that address three different “levels” of supports for student learning, mental health, physical health, and emotional-behavioral health needs.
- ✓ MTSS emphasizes the use of evidence-based practices for screening, instruction, assessment, and early intervention to support students’ needs.

MTSS Framework



Screening, Brief intervention, and Referral

Adolescent Screening, Brief Intervention, and Referral to Treatment (SBIRT) is a “research-based approach to the identification of risky alcohol, tobacco, marijuana, and other substance use and provides intervention and referral to treatment to those at risk of developing substance use problems”.



Initial Background Information



Small Group Activity

- *What is currently working well with substance use intervention practices?*
- *What are major gaps?*
- *What resources, programs, policies are currently used?*
- *What additional information is needed by this group to develop recommendations (e.g. evidence, perceptions)?*



Discussion

*Debrief
findings from
small group*



Next Steps

- Outline information needed and document next steps
 - ✓ Decision making process
 - ✓ Data review
- Complete Jamboard to share:
 - ✓ *What did you like?*
 - ✓ *What would you change?*
 - ✓ *Needs for future meetings?*



Thank you!

- **Next Meeting: November 1 from 4-5:30pm**
- Contact Phyllis Reed or Sarah Blumenthal with **CDE** or Amy Dillon or Amy Dyett with **AD Solutions** about any questions or needs!

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dyett@ad-solutions.org

