

Ideas for School Nurse Activities during School Closures

- Reflect on the element of caring – the foundation of nursing
 - Practice mindfulness and gratitude when you can
 - Acknowledge the gift of time to work on projects that you haven't had time for!
 - Start a journal to track the simple joys of life
 - Systems may be delayed and/or interrupted – be patient with yourselves and others
- Continue to keep in touch with your [local public health](#) agencies – they are your local authority on COVID-19
- Contact parents of students with chronic disease
 - Update health care plans-complete intake forms
 - Evaluate effectiveness of health care plans
 - Ensure they have access to health care
 - Offer phone/video teaching-enhance self-care and parent involvement
 - Design ways to support families with a new diagnosis/chronic condition
 - Create a resource list for families
- Professional Development
 - Consider becoming a nationally certified school nurse through NBCSN
 - Registration for [NBCSN](#) exam
 - Consider E-learning Opportunities
 - [CDE E-Learning](#)
 - [Allergy Safe Kids](#)
 - Colorado Epilepsy Training: [Seizure Training for School Personnel](#)
 - Child Care Health Consultant links [Healthy Child Care Colorado](#)
 - Provide on-line training list to unlicensed staff
- Read this article on Edweek.org [How to Deploy School Nurses during Coronavirus](#)
- Create school nurse webpage on the school website
 - [NASN - Enhancing Your Virtual Footprint: The School Nurse's Professional Health Office Website](#)
- Explore volunteer opportunities in your school or community
- Expand health education resources for students and staff
- Add school nurse wellness messages to your district's Facebook page
- Update records
 - Purge unnecessary records
 - Identify new and withdrawn students and follow district record keeping protocol
 - Ensure data entry is complete
- Begin data collection for year-end reports
 - The due dates will be extended and flexible!
 - CDE Health Data Reports links below
 - [School Health Data Collection Cheat Sheet \(2020 PDF form\)](#)
 - [School Health Data Definitions \(PDF 2019-20\)](#)
- Consider outdoor spaces!
 - Garden maintenance, playground maintenance, ordering seeds
 - Improving access to the outdoor spaces improves physical and mental health
- Review policies/procedures/guidelines/manuals and update if needed
- Update tools used to train and delegate to unlicensed staff
- Think about what school re-entry may look like
 - CDE Guidelines
 - CDPHE Cases and Outbreak Guidance
- Complete and end of year activities that can be done ahead of time