



Physical Education Highlights

Passage of Colorado Achievement Plan for Kids (CAP4K) Legislation

Senate Bill 08-212, Colorado's Achievement Plan for Kids, called for the development of rigorous standards for students. The Colorado Department of Education engaged in a year-long process to update its academic standards in English language proficiency and ten content areas: dance, drama and theater arts; mathematics; music; reading, writing and communicating; science; social studies; visual arts; and world languages.

Local School District Adoption of Standards, Curriculum and Assessment

To meet the legislative requirements in CAP4K, districts adopted standards that meet or exceed state standards, are developing and adopting revised curriculum and assessments in all ten core disciplines. **This has resulted in innovative planning and collaboration in all ten disciplines across the state.**

Colorado District Sample Curriculum Project

In the fall of 2012, 500+ educators from across the state created almost 700 unit overview samples K-12 within all 10 content areas. These samples (all 700+ of them) are currently available on our website—all authored by Colorado educators. Phase III began in the fall of 2013 to build out these units and include learning strategies, resource suggestions, differentiation options, and assessment ideas linked to helping all students master the Colorado Academic Standards.

During a three-day workshop delivered within a district, a team of educators produced one full instructional unit for one grade and content area in each participating district (e.g., one 1st grade science unit or one high school physical science unit, etc). This process reflected a model of educators working together to plan for the instruction of all students. These samples are created by teachers for teachers and are currently available on the website.

Colorado Physical Education

CRS 22-7-1005 - The State Board of Education is required to adopt standards for physical education.

CRS 22-7-1013 - Districts are required to adopt student education standards that meet or exceed all areas that the state has standards.

CRS22-11-503 - Districts are required to publically report on their physical education offerings.

CRS 22-32-136.5-Requires local school boards to adopt physical activity policies at the elementary school level. The physical activity policies require a specific number of minutes elementary school children must engage in per month based on the whether the child attends half- or full-day and based on the length of the school week. Physical activity is defined as (a) exercise programs, (b) fitness breaks, (c) recess, (d) field trips that include physical activity, (e) classroom activities that include physical activity, and (f) physical education classes.

What's Next?

- Phase IV of the Curriculum Sample Development Project
- Development of K-5 PE instructional units
- Ongoing Training and Resources for Standards Implementation, Instructional Unit development, assessments and Student Learning Objectives

Tell me and I forget.
Teach me and I remember.
Involve me and I learn.

Benjamin Franklin

Helpful Links:

CDE Physical Education Webpage:
<http://www.cde.state.co.us/cophysicsaleducation>

Physical Education Standards:
<http://www.cde.state.co.us/cophysicsaleducation/statestandards>

Standards Implementation Support:
<http://www.cde.state.co.us/standardsandinstruction/standardsimplementation/support>

PE Curriculum Samples:
<http://www.cde.state.co.us/standardsandinstruction/standardsimplementation/support>

Assessment Resource Bank:
www.coloradopl.org/assessment

Phyllis Reed
Content Specialist for Comprehensive Health & Physical Education Standards and Instructional Support

