



## Health Education Highlights

### Passage of Colorado Achievement Plan for Kids (CAP4K) Legislation

Senate Bill 08-212, Colorado's Achievement Plan for Kids, called for the development of rigorous standards for students. The Colorado Department of Education engaged in a year-long process to update its academic standards in English language proficiency and ten content areas: dance, drama and theater arts; mathematics; music; reading, writing and communicating; science; social studies; visual arts; and world languages.

### Local School District Adoption of Standards, Curriculum and Assessment

To meet the legislative requirements in CAP4K, districts adopted standards that meet or exceed state standards, are developing and adopting revised curriculum and assessments in all ten core disciplines. **This has resulted in innovative planning and collaboration in all ten disciplines across the state.**

### COLORADO COMPREHENSIVE HEALTH EDUCATION ACT OF 1990

The "Colorado Comprehensive Health Education Act of 1990" encourages every school district to provide a pre K-12th grade planned, sequential health education program. Parental and community involvement in the program is stressed. Parents/guardians have the right to exempt from any or all of the health education program. Local health advisory councils are encouraged and should be representative of the norms and values of the community.

22-25-103. Definitions.

...(3)"Comprehensive health education" means a planned, sequential health program of learning experiences in preschool, kindergarten, and grades one through twelve which shall include, but shall not be limited to, the following topics:

- Community and environmental health;
- Consumer health;
- Dental health;
- Tobacco, alcohol, and other drug use;
- Human growth and development;
- Hereditary and developmental conditions;
- Mental and emotional health;
- Nutrition, personal health, and physical fitness;
- Family life education;
- Injury prevention, safety, motor vehicle safety, and emergency care;
- High-risk behaviors and concerns; and
- Age appropriate instruction on family roles and expectations, child development, and parenting. ...

### What's Next?

- Phase IV of the Curriculum Sample Development Project
- Comprehensive Health Integration Units to be released in September 2016
- Ongoing Training and Resources for Standards Implementation, Instructional unit development, Integration, Assessments and Student learning objectives

The secret in  
education lies in  
respecting the  
student.

Ralph Waldo Emerson

#### Helpful Links:

CDE Health Education Webpage:  
<http://www.cde.state.co.us/CoHealthPE/index.asp>

Health Education Standards:  
<http://www.cde.state.co.us/StandardsAndInstruction/Curriculum/ComprehensiveHealth.asp>

Standards Implementation Support:  
<http://www.cde.state.co.us/standardsandinstruction/standardsimplementation/support>

Health Curriculum Samples:  
<http://www.cde.state.co.us/standardsandinstruction/standardsimplementation/support>

Assessment Resource Bank:  
[www.coloradopl.org/assessment](http://www.coloradopl.org/assessment)

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