**Teen Summer Program Bingo: Be an Ocean Hero**

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| Use only 13 gallons of water a day—& challenge your friends to also | Bring your own reusable container to a restaurant to take home leftovers | Volunteer at an event to clean up a stream, river, or lake | Be creative—discover a new use for a broken or thrown out item | Research your favorite marine creature, or discover a new one |
| Unplug two electronic items when they’re not in use  | Time your shower, and shave 1 minute off of your next one | Walk, bike, or take public transportation instead of driving | Watch a documentary about oceans (find one at your library!) | Participate in a citizen science project to help the ocean |
| Repair an item instead of throwing it away | Bring a cloth tote bag to the store or library | FREE SPACE—Reader’s Choice! | Skip the plastic straw at a restaurant | Make a 5-minute play list to help friends take shorter showers |
| Make your own reusable sandwich and snack bags | Take a virtual tour of an aquarium | Skip a shower | Learn more about how you can help protect oceans in a land-locked state | Choose an item with paper or glass packaging over plastic |
| Celebrate with reusable decorations instead of balloons | Choose toothpaste and face washes without microbeads | Ask local restaurants to use paper-based take-out boxes, cups, utensils, and straws | Join an ocean conservation expedition virtually | Ditch plastic water bottles for a reusable one |